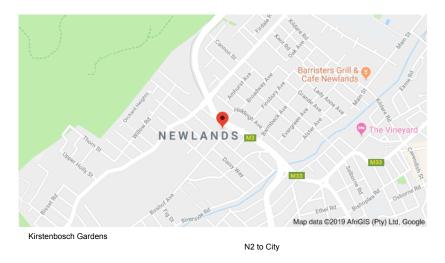
CAPE TOWN PRACTICE

4 BOSHOF AVENUE, FERNWOOD, NEWLANDS.

Take the M3 from town towards Muizenberg.

At the corner of Newlands Avenue turn into Rhodes Drive towards Kirstenbosch. Take first left into Orchard Street, then left into Boshof look for No 4 on left. Walk up to Garden Gate and ring bell.



Plettenberg Bay & Knysna Practice

28 RUGBY DRIVE, PLETTENBERG BAY

Turn off N2 at Piesang Valley and drive down to circle on the way to Beacon Isle Hotel. Take the 3rd EXITand pass a Kwik Spar on left then turn RIGHT into Longships Ave. Drive along Longships Ave toward Robberg Peninsula then 3/4 way along turn LEFT into Planier just after passing Masons Stationers on left and Pips Bathroom Shop on right.

Then turn first RIGHT into Rugby Drive - no 28 is on the left about half kilometer down Rugby Drive.

